



## ST. PAUL'S LUTHERAN CHURCH

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**Ninth Sunday after Pentecost**

**July 21, 2024**

Worship 11:00 A.M.

Minister: Rev. Diana Edis

Musician: Larissa Goruk

Videographer: George Edis

Reader: Pat Cristiano

*Mark's gospel makes clear how great is the press of the crowd, with its countless needs to be met, on Jesus and his disciples. Yet in today's gospel Jesus advises his disciples to get away and rest, to take care of themselves. Sometimes we think that when others are in great need we shouldn't think of ourselves at all; but Jesus also honors the caregivers' need. We are sent from Christ's table to care for others and for ourselves.*

### Weekly Prayer Petitions

**Local:** Salvation Army Citadel

**Synod Parishes** Faith Lutheran in Kelowna; Gloria Dei Lutheran in North Vancouver

**ACC:** Bishop, and the clergy and people of the Diocese of Edmonton

**ELCIC:** Dean and congregations of East Central Area, Synod of Alberta and the Territories

### Discipleship Opportunities

1. The Pastor will not be public this Wednesday as George will be having surgery.
2. Office hours will be somewhat inconsistent for the next few weeks as pastor has family responsibilities. Please call her cell phone at 778-884-6864 with any acute needs.

\* All Hymns and liturgical text reprinted under **One License**: # A-731124 and **Augsburg Fortress**: # SB157842

\* Bible readings are taken from the New Revised Standard Version, covered under AF # SB157842.

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### Announcements

#### Confession and Forgiveness

Blessed be the holy Trinity, † one God, the God of manna, the God of miracles, the God of mercy.

**Amen.**

Drawn to Christ and seeking God's abundance, let us confess our sin.

*Silence is kept for reflection.*

God, our provider,

**help us. It is hard to believe there is enough to share. We question your ways when they differ from the ways of the world in which we live. We turn to our own understanding rather than trusting in you. We take offense at your teachings and your ways. Turn us again to you. Where else can we turn? Share with us the words of eternal life and feed us for life in the world. Amen.**

Beloved people of God: in Jesus, the manna from heaven, you are fed and nourished. By Jesus, the worker of miracles, there is always more than enough. Through Jesus, ✠ the bread of life, you are shown God's mercy: you are forgiven and loved into abundant life.

**Amen.**

*Gathering Hymn*

*Build a Longer Table*

ACS # 1062

1 Build a long - er ta - ble, not a high - er wall,  
2 Build a saf - er ref - uge, not a larg - er jail;  
3 Build a broad - er door - way, not a long - er fence.  
4 When we lived as ex - iles, ref - u - gees a - broad,  
feed - ing those who hun - ger, mak - ing room for all.  
where the weak find shel - ter, mer - cy will not fail.  
Love pro - tects all peo - ple, spar - ing no ex - pense.  
Christ be - came our door - way to the reign of God.  
Feast - ing to - geth - er, strang - er turns to friend,  
For an - y place where jus - tice is de - nied,  
When we em - brace com - pas - sion more than fear,  
So must our ta - bles wel - come those who roam.  
Christ breaks walls to piec - es; false di - vi - sions end.  
Christ will breach the jail wall, free - ing all in - side.  
Christ tears down our fenc - es: all are wel - come here.  
None can be ex - clud - ed; all must find a home.

Text: David Bjorlin, b. 1984  
Music: NOËL NOUVELET, French carol  
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The grace of our Lord Jesus Christ, the love of God, and the communion of the Holy Spirit be with you all.

**And also with you.**

*Refrain*

Ky - ri - e e - lei - son, on our world and on our way.

Ky - ri - e e - lei - son, ev-'ry day.

- 1 For peace in the world, for the
- 2 That we may live out your im -
- 3 For peace in our hearts, for
- 4 For your Spir - it to guide; that you

health of the church, for the u - ni - ty of all;  
 passionate re - sponse to the hun - gry and the poor;  
 peace in our homes, for friends and fam - i - ly;  
 cen - ter our lives in the wa - ter and the word;

for this ho - ly house, for all who wor - ship and praise,  
 that we may live out . . . truth and jus - tice and grace,  
 for life and for love, . . . for our work and our play,  
 that you nour - ish our souls . . . with your bo - dy and blood,

*Refrain*

let us pray to the Lord, let us pray to the Lord.

*Hymn of Praise**Refrain*

This is the feast of vic - t'ry for our God, for the

Lamb who was slain has be - gun his reign. Al - le - lu - ia.

1 Wor-thy is Christ, the Lamb who was slain, whose blood set us free to be  
 peo-ple of God. Pow - er, rich - es, wis - dom, and strength, and  
*Refrain*  
 hon - or, bless - ing, and glo - ry are his. This is the feast of  
 vic-t'ry for our God, for the Lamb who was slain has be - gun his reign. Al -  
 le - lu - ia. 2 Sing with all the peo - ple of God, and  
 join in the hymn of all cre - a - tion: Bless - ing, hon - or,  
 glo - ry, and might be to God and the Lamb for - ev - er. A - men.  
*Final refrain*  
 This is the feast of vic - t'ry for our God, for the  
 Lamb who was slain has be - gun his reign. Al - le - lu - ia.

Let us pray together our Prayer of the Day. We pray:

**O God, powerful and compassionate, you shepherd your people, faithfully feeding and protecting us. Heal each of us, and make us a whole people, that we may embody the justice and peace of your Son, Jesus Christ, our Savior and Lord.**  
**Amen.**

Our first reading is from Jeremiah, beginning at the 23<sup>rd</sup> chapter

23:1-6

Woe to the shepherds who destroy and scatter the sheep of my pasture! says the Lord. Therefore thus says the Lord, the God of Israel, concerning the shepherds who shepherd my people: It is you who have scattered my flock, and have driven them away, and you have not attended to them. So I will attend to you for your evil doings, says the Lord. Then I myself will gather the remnant of my flock out of all the lands where I have driven them, and I will bring them back to their fold, and they shall be fruitful and multiply. I will raise up shepherds over them who will shepherd them, and they shall not fear any longer, or be dismayed, nor shall any be missing, says the Lord.

The days are surely coming, says the Lord, when I will raise up for David a righteous Branch, and he shall reign as king and deal wisely, and shall execute justice and righteousness in the land. In his days Judah will be saved and Israel will live in safety. And this is the name by which he will be called: "The Lord is our righteousness."

The word of the Lord,

**Thanks be to God**

We read Psalm 23 responsively:

The Lord is my shepherd; I shall not be in want.

**The Lord makes me lie down in green pastures  
and leads me beside still waters.**

You restore my soul, O Lord,

and guide me along right pathways for your name's sake.

**Though I walk through the valley of the shadow of death, I shall fear no evil;  
for you are with me; your rod and your staff, they comfort me.**

You prepare a table before me in the presence of my enemies;

you anoint my head with oil, and my cup is running over.

**Surely goodness and mercy shall follow me all the days of my life,  
and I will dwell in the house of the Lord forever.**

Our second reading is from Ephesians beginning at the 2<sup>nd</sup> chapter

2:11-22

Remember that at one time you Gentiles by birth, called "the uncircumcision" by those who are called "the circumcision" — a physical circumcision made in the flesh by human hands — remember that you were at that time without Christ, being aliens from the commonwealth of Israel, and strangers to the covenants of promise, having no hope and without God in the world. But now in Christ Jesus you who once were far off have been brought near by the blood of Christ. For he is our peace; in his flesh he has made both groups into one and has broken down the dividing wall, that is, the hostility between us. He has abolished the law with its commandments and ordinances, that he might create in himself one new humanity in place of the two, thus

making peace, and might reconcile both groups to God in one body through the cross, thus putting to death that hostility through it. So he came and proclaimed peace to you who were far off and peace to those who were near; for through him both of us have access in one Spirit to the Father. So then you are no longer strangers and aliens, but you are citizens with the saints and also members of the household of God, built upon the foundation of the apostles and prophets, with Christ Jesus himself as the cornerstone. In him the whole structure is joined together and grows into a holy temple in the Lord; in whom you also are built together spiritually into a dwelling place for God.

The word of the Lord,  
**Thanks be to God**

*Gospel Acclamation*

*page 188*



Al - le - lu - ia. Lord, to whom shall we go? You have the  
words of e - ter - nal life. Al - le - lu - ia.  
Al - le - lu - ia, al - le - lu - ia. Al - le - lu - ia.  
Al - le - lu - ia, al - le - lu - ia.

The holy gospel according to Mark, beginning at the 6<sup>th</sup> chapter 6:30-34, 53-56  
**Glory to you, O Lord**

The apostles gathered around Jesus, and told him all that they had done and taught. He said to them, "Come away to a deserted place all by yourselves and rest a while." For many were coming and going, and they had no leisure even to eat. And they went away in the boat to a deserted place by themselves. Now many saw them going and recognized them, and they hurried there on foot from all the towns and arrived ahead of them. As he went ashore, he saw a great crowd; and he had compassion for them, because they were like sheep without a shepherd; and he began to teach them many things.

When they had crossed over, they came to land at Gennesaret and moored the boat.

When they got out of the boat, people at once recognized him, and rushed about that whole region and began to bring the sick on mats to wherever they heard he was. And wherever he went, into villages or cities or farms, they laid the sick in the marketplaces, and begged him that they might touch even the fringe of his cloak; and all who touched it were healed.

The gospel of the Lord.

**Praise to you, O Christ.**

*Sermon*

Rev. Diana Edis

*Hymn of the Day*

*Lord, Speak to Us, That We May Speak*

No. 676

1 Lord, speak to us, that we may speak in  
 2 Oh, lead us, Lord, that we may lead in  
 3 Oh, teach us, Lord, that we may teach the  
 4 Oh, fill us with your fullness, Lord, un-

liv - ing ech - oes of your tone; as you have sought, so  
 wan - d'ring and the wa - v'ring feet; oh, feed us, Lord, that  
 pre - cious truths which you im - part; and wing our words, that  
 til our ver - y hearts o'er - flow in kin - dling thought and

let us seek your stray - ing chil - dren, lost and lone.  
 we may feed your hun - g'ring ones with man - na sweet.  
 they may reach the hid - den depths of man - y\_a heart.  
 glow - ing word, your love to tell, your praise to show.

Text: Frances R. Havergal, 1836-1879, alt.  
 Music: CANONBURY, Robert Schumann, 1810-1856



Join with me and with the whole church in the confession of our faith, using the words of the Apostles' Creed. We confess:

**I believe in God, the Father almighty, creator of heaven and earth.**

**I believe in Jesus Christ, God's only Son, our Lord, who was conceived by the power of the Holy Spirit, born of the Virgin Mary, suffered under Pontius Pilate, was crucified, died, and was buried; he descended to the dead. On the third day he rose again; he ascended into heaven, he is seated at the right hand of the Father, and he will come to judge the living and the dead.**

**I believe in the Holy Spirit, the holy catholic Church, the communion of saints, the forgiveness of sins, the resurrection of the body, and the life everlasting.  
Amen**

### *Prayers of Intercession*

One in the communion of saints and in the power of the Holy Spirit, we join our voices in prayer. Hearing the words "In your mercy," God's people may reply, "hear our prayer."

*A brief silence.*

For the church of Jesus Christ in this and every land: Through the One who is the cornerstone of a firm foundation, join us together and build us up as a temple of mercy and peace. In your mercy, **hear our prayer.**

For the creation: Cause new trees to be planted. Restrain the melting of polar ice caps. Save land from destruction. Like a shepherd tends her sheep, raise up from among us caretakers of all you have made. In your mercy, **hear our prayer.**

For the leaders of nations and heads of tribes: Where peace seems far off, bring it near. Where justice seems fleeting, bring it to light. Where discord seems relentless, bring harmony. In your mercy, **hear our prayer.**

For the health and well-being of family, friends, and neighbors: Heal those who are sick. Give courage to all who struggle with addiction. Touch with your tender care all who reach out to you in pain. We pray now, either aloud or silently, for all those in our hearts and on our minds...

In your mercy, **hear our prayer.**

For this assembly and for the faith communities represented this week at the ELCA Youth Gathering: Nurture the faith of young people as they encounter new experiences and people. Break down dividing walls and inspire collaboration among people of every age. In your mercy, **hear our prayer.**

In thanksgiving for those who have died: Make us certain that in Christ we are no longer strangers and aliens but citizens with the saints in the household of God. In your mercy, **hear our prayer.**



Holy God, holy and merciful: into your outstretched arms we commend ourselves and all for whom we pray, trusting in the one who is the way, the truth, and the life, Jesus Christ our Savior and Lord.

**Amen.**

L: The peace of Christ be with you always.

**And also with you.**

*Offerings may be sent by e-transfer to [offering2stpauls@citywest.ca](mailto:offering2stpauls@citywest.ca)., mailed to the church, placed in our mailbox, or given at CanadaHelps to St. Paul's Lutheran, Prince Rupert.*

Let us pray,

Jesus, Bread of life, you have set this table with your very self, and called us to the feast of plenty. Gather what has been sown among us, and strengthen us in this meal.

Make us to be what we receive here, your body for the life of the world.

**Amen.**

*During this time of communion all people are invited to receive God's meal, no restrictions. If you would like to learn about communion please speak with the pastor after worship. Those at home may prepare bread and wine or juice for your worship space. When you receive the elements and eat and drink you may respond, "Amen." We have bread or gluten-free wafers, wine or juice; please let your server know which options are needed.*

The Lord be with you.

**And also with you.**

Lift up your hearts.

**We lift them to the Lord.**

Let us give thanks to the Lord our God.

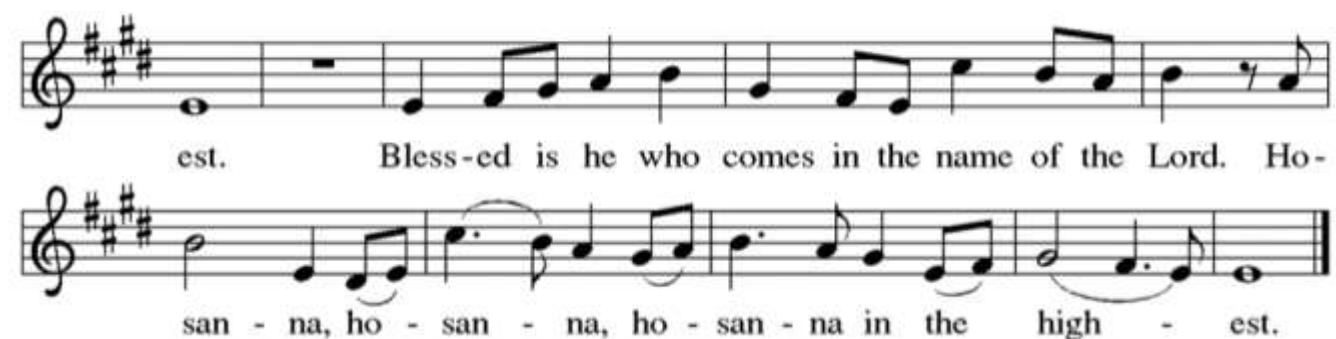
**It is right to give our thanks and praise.**

It is good to cry out for the waters of justice to roll down, bringing heaven on earth, watering it with God's will for love-soaked humanity since creation began. For God continues to stand with and for all peoples. And so we sing with all the company of heaven:

*Holy, holy, holy*

pg 190

Ho - ly, ho - ly, ho - ly Lord, God of pow'r and might,  
heav-en and earth are full of your glo - ry, full of your glo-ry. Ho -  
san - na, ho - san - na, ho - san - na in the high -



Holy, just, and merciful God. New birth for creation broke forth upon us in Jesus. Your Spirit anointed him to preach good news to the poor, to proclaim release to the captives and recovering of sight to the blind, to set at liberty those who are oppressed, and to announce that the time had come when you would save your people. He healed the sick, fed the hungry, and ate with sinners. In these acts of love and justice, we see the birth of our call as church to let the waters of justice roll, knowing we have been delivered from death through a covenant of water and the Spirit.

Just as he said that last night with his disciples, Jesus says to us, "Come, gather around my friends." This common bread at our table is much more than it seems. This is the brokenness of the world, and it has become my body. Whenever there is suffering, I suffer with you. I am broken for you. This common cup at our table is much more than it seems. The blood of innocent ones is too often shed at the hands of oppressors. Whenever there is suffering, I suffer with you. I pour out my life's blood for you. As you eat this bread and drink this wine I call on you to give yourselves up in the same way that I have.

But death will not have the last word. Christ has risen! And suffering will end. Christ will come again... ..and again and again, every time suffering is alleviated, comfort is given, food is offered, hope is restored. Loving Lord, pour out your Holy Spirit on this body gathered here and on our union with each other and with these gifts of bread and cup. May we become your body for the sake of a world where justice rolls down like an ever-flowing stream

**Amen.**

Gathered into one across time and space by the Holy Spirit, let us pray as Jesus taught us, using whatever version of that prayer comforts you. We pray:

**Our Father in heaven, hallowed be your name,  
your kingdom come, your will be done, on earth as in heaven.**

**Give us today our daily bread.**

**Forgive us our sins as we forgive those who sin against us.**

**Save us from the time of trial and deliver us from evil.**

**For the kingdom, the power, and the glory are yours,  
now and forever. Amen.**

If the Holy Spirit calls you to this feast of bread and wine or juice, I invite you to receive that which has been prepared. Whether you are distant or present all of us are gathered together around the table of God and we are united, made whole in the body of our Lord. God knows what you need. Come and receive it; be inspired to offer it to the world! Everyone is welcome at the table of God.

*Lamb of God*

pg. 191

Lamb of God, you take a-way the sin of the world; have  
mer-cy on us. Lamb of God, you take a-way the sin of the  
world; have mer-cy on us. Lamb of God, you take a-way the sin of the  
world; grant us peace, grant us peace, Lamb of God.

*Hymn during communion:*

*Savior, like a Shepherd Lead Us*

No. 789

- 1 Savior, like a shepherd lead us; much we need your tender care.  
In your pleasant pastures feed us, for our use your fold prepare.  
Blessed Jesus, blessed Jesus, you have bought us; we are yours. (X2)
- 2 We are yours; in love befriend us, be the guardian of our way;  
keep your flock, from sin defend us, seek us when we go astray.  
Blessed Jesus, blessed Jesus, hear us children when we pray. (X2)
- 3 You have promised to receive us, poor and sinful though we be;  
you have mercy to relieve us, grace to cleanse, and pow'r to free.  
Blessed Jesus, blessed Jesus, early let us turn to you. (X2)
- 4 Early let us seek your favor, early let us do your will;  
blessed Lord and only Savior, with your love our spirits fill.  
Blessed Jesus, blessed Jesus, you have loved us, love us still. (X2)

Text: attr. Dorothy A. Thrupp, 1779-1847

The body and blood of our Lord and Saviour strengthen you to eternal life.

**Amen**

### *Prayer after Communion*

Jesus, Bread of life, we have received from your table more than we could ever ask.  
As you have nourished us in this meal, now strengthen us to love the world with your  
own life. In your name we pray.

**Amen.**

### *Blessing*

The blessing of God, who provides for us, feeds us, and journeys with us, ☩ be upon  
you now and forever.

**Amen.**

### *Sending Hymn*

### *Praise the Lord, Rise Up Rejoicing*

No. 544



1 Praise the Lord, rise up re - joic - ing, wor - ship, thanks, de -  
2 Scat - tered flock, one shep - herd shar - ing, lost and lone - ly,  
3 Sins for - giv - en, wrongs for - giv - ing, we go forth a -



vo - tion voic - ing: glo - ry be to God on high!  
one voice hear - ing, ears at - ten - tive to your word;  
lert and liv - ing in your Spir - it, strong and free.



Christ, your cross and pas - sion shar - ing, by this eu - cha -  
by your blood new life re - ceiv - ing, in your bod - y,  
Part - ners in your new cre - a - tion, seek - ing peace in



rist de - clar - ing yours the fi - nal vic - to - ry.  
firm be - liev - ing, we are yours, and you the Lord.  
ev - 'ry na - tion, may we faith - ful fol - l'wers be.

Text: Howard C. A. Gaunt, 1902–1983, alt.  
Music: ALLES IST AN GOTTES SEGEN, Johann Löhner, 1645–1705, adapt.  
Text © Oxford University Press.

Go in peace. You are the body of Christ.

**Thanks be to God.**